|  |  |  |  |
| --- | --- | --- | --- |
| **Daytime monitoring** | | | |
| 08.00 |  | 09.00 |  |
| 08.15 |  | 09.15 |  |
| 08.30 |  | 09.30 |  |
| 08.45 |  | 09.45 |  |

|  |  |  |  |
| --- | --- | --- | --- |
| 10.00 |  | 11.00 |  |
| 10.15 |  | 11.15 |  |
| 10.30 |  | 11.30 |  |
| 10.45 |  | 11.45 |  |

|  |  |  |  |
| --- | --- | --- | --- |
| 12.00 |  | 13.00 |  |
| 12.15 |  | 13.15 |  |
| 12.30 |  | 13.30 |  |
| 12.45 |  | 13.45 |  |

|  |  |  |  |
| --- | --- | --- | --- |
| 14.00 |  | 15.00 |  |
| 14.15 |  | 15.15 |  |
| 14.30 |  | 15.30 |  |
| 14.45 |  | 15.45 |  |

|  |  |  |  |
| --- | --- | --- | --- |
| 16.00 |  | 17.00 |  |
| 16.15 |  | 17.15 |  |
| 16.30 |  | 17.30 |  |
| 16.45 |  | 17.45 |  |

|  |  |  |  |
| --- | --- | --- | --- |
| 18.00 |  | 19.00 |  |
| 18.15 |  | 19.15 |  |
| 18.30 |  | 19.30 |  |
| 18.45 |  | 19.45 |  |

**Key:**

***A - Calm/settled D - Doing activities H - Verbal aggression***

***B - Sleeping E - Resisting care I – Physical aggression***

***C - Eating/drinking F – Refusing meds J – Damage to property***

***K – Using the toilet L – Withdrawn M - Restless***

|  |
| --- |
| **One to one carer to summarise observations/interventions for the shift in this box:** |

**Nigh time monitoring**

|  |  |  |  |
| --- | --- | --- | --- |
| 20.00 |  | 21.00 |  |
| 20.15 |  | 21.15 |  |
| 20.30 |  | 21.30 |  |
| 20.45 |  | 21.45 |  |

|  |  |  |  |
| --- | --- | --- | --- |
| 22:00 |  | 23.00 |  |
| 22:15 |  | 23.15 |  |
| 22:30 |  | 23.30 |  |
| 22:45 |  | 23.45 |  |

|  |  |  |  |
| --- | --- | --- | --- |
| 24:00 |  | 01.00 |  |
| 24:15 |  | 01.15 |  |
| 24:30 |  | 01.30 |  |
| 24:45 |  | 01:45 |  |

|  |  |  |  |
| --- | --- | --- | --- |
| 02:00 |  | 03.00 |  |
| 02:15 |  | 03.15 |  |
| 02.30 |  | 03.30 |  |
| 02:45 |  | 03:45 |  |

|  |  |  |  |
| --- | --- | --- | --- |
| 04:00 |  | 05:00 |  |
| 04:14 |  | 05.15 |  |
| 04:30 |  | 05:30 |  |
| 04:45 |  | 05:45 |  |

|  |  |  |  |
| --- | --- | --- | --- |
| 06:00 |  | 07.00 |  |
| 06:15 |  | 07:15 |  |
| 06:30 |  | 07:30 |  |
| 06:45 |  | 07:45 |  |

**Key:**

***A - Calm/settled D - Doing activities H - Verbal aggression***

***B - Sleeping E - Resisting care I – Physical aggression***

***C - Eating/drinking F – Refusing meds J – Damage to property***

***K – Using the toilet L – Withdrawn M - Restless***

|  |
| --- |
| **One to one carer to summarise observations/interventions for the shift in this box:** |